"Look better, feel better, be better"

Dr. Horn's Sporadic Newsletter

September 2011

Gardasil: Fear or Facts?

This vaccination dilemma is brought up frequently by our patients. I have addressed this in the past, but wanted to bring it up again as many of you have been coming in asking about it again!

Gardasil has been recommended for girls and recently boys have been added to the list!

Fear or Facts? On which will you base your decision to vaccinate? While we will not try to convince anyone to get vaccinated or decline vaccination, we do encourage making an educated decision and to NEVER make a major decision out of fear. One of the most disturbing cases of fear-mongering is that which revolves around the Gardasil vaccination. The Gardasil vaccine is targeted to females ages 9-26 in hopes of "preventing" cervical cancer.

GARDASIL® is indicated in boys and men 9 through 26 years of age for the prevention of genital warts (condyloma acuminata) caused by HPV (Human Papilloma Virus) types 6 and 11. (http://www.merck.com/product/usa/pi_circulars/g/gardasil/gardasil_pi.pdfgardasil/gardasil_pi.pdf)

Here are some facts YOU need to know about HPV

Facts about Gardasil Cont'd

- As of March 2010, there were more than 17,600 reports of adverse reactions regarding the Gardasil vaccine in the Vaccine Adverse Event Reporting System and among them are 59 deaths, 18 of which were among girls under the age of 17.
- It is estimated that less than 10% of all vaccine reactions are reported.
- At $120 a pop, the three required doses of Gardasil will earn Merck $360 per consumer. With more than 35 million girls and women between the ages of 9 and 26 in the US, the recommended administration of Gardasil could mean more than 12 billion dollars for the drug company.
- Merck is currently fighting more than 11,500 lawsuits related to another of their drugs, Vioxx, which is also plagued by controversy surrounding false data on its safety.
- Merck only studied the Gardasil vaccine in less than 1,200 girls under the age of 16 prior to it being released to the market under the fast-tracked road to licensure.
- Because the vaccine does not protect against all types of HPV, **it will not prevent all cases of cervical cancer** or genital warts.

- When detected in the early stages, the HPV virus is easily treated and rarely proceeds to cancer.
- Not all women with HPV develop cervical cancer.
- HPV is just one of several potential causes of cervical cancer.
- At least 50% of sexually active men and women acquire genital HPV infection at some point in their lives -- and 90% of the time the virus clears up on its own within two years, and does not lead to cancer.

Here are some facts about Cervical Cancer

- Cervical cancer accounts for less than 1% of all cancer deaths.
- Just over 11,000 new cases were diagnosed in 2009 (American Cancer Society)
- About 4,000 women died of cervical cancer in 2009 (American Cancer Society)
- Perspective: Cervical cancer killed 12 times fewer people in 2009 than did hospital-acquired infections (48,000 deaths per year according to *Archives of Internal Medicine* 02/22/2010). Every year more than 500,000 American women die from cardiovascular disease. Heart disease actually kills more women than all forms of cancer combined.
- In the rare instances where it does occur, cervical cancer usually takes five to ten years to develop.
- Prior to cancer, HPV causes the growth of abnormal cells in the cervix, which can be detected by a Pap smear. Upon detection, abnormal cells can be removed by minor surgery.
- Smoking is an important risk factor for developing cervical cancer. Smokers are at least twice as likely as non-smokers to develop cervix tumors.
- HRT increases the risk of cervical cancer.
- Birth Control pills increase the risk of cervical cancer.
- Estrogen dominance can increase the risk of cervical cancer
- Cervical cancer incidence and mortality rates continue to decline because of decreased rates of smokers and HRT users

Facts about Gardasil

About 30% of cervical cancers will not be prevented by the vaccine.

" *Cervical cancer accounts for less than 1 percent of all cancer deaths -- so it was somewhat surprising when the U.S. Food and Drug Administration fast-tracked approval of Gardasil, a Merck vaccine targeting the human papilloma virus that causes the disease. As of the end of January 2010, 49 unexplained deaths following Gardasil injections have been reported to the Centers for Disease Control and Prevention's Vaccine Adverse Event Reporting System. By contrast, 52 deaths are attributed to unintended acceleration in Toyotas, which triggered a $2 billion recall.* "
Washington Examiner, Barbara Hollingsworth: http://washingtonexaminer.com/node/104241

News & Updates

Massage Available 4 days a week

- Merck claims it prevents the cervix from being affected by HPV. HPV is just one of several causes of cervical cancer.
- It does not protect against all forms of HPV. Duration of "protection" after vaccination is predicted to be about 4 years
- There are no long term studies determining safety or effectiveness.
- Gardasil contains 225 mcg of aluminum.
- One in every 1,855 Gardasil shots is followed by a bad health outcome report to the government's Vaccine Adverse Events Reporting System...cont'd

Falyyn is Back and is available for massage on Mondays and Wednesdays specializing in medical massage.

Cassandra is available for massage on Tuesdays and Thursdays and offers hot stones, reflexology and shiatsu.

Massage aids in relaxation, detoxification, muscle spasms and tension relief!

Call and schedule YOUR "special" time NOW.

Healthy Living Leads to Cancer Prevention!

Where's the outcry for a recall of the Gardasil vaccine? We'll leave the speculation up to you. Cancer is a multi-factoral disease. Healthy diet and lifestyle habits can be used to increase one's chances of cancer prevention. Here are some of the most important habits you can implement (or avoid):

1. Don't smoke!
2. Avoid hormone supplementation (HRT, birth control pills and even bioidenticals!)
3. Exercise
4. Eat an organic, whole foods diet.
5. Get tested to see what you're missing. Getting important blood tests and other diagnostic tests can help you establish and fine tune your dietary choices as well as areas you may need to supplement in your diet. Call us today to set up a nutritional consultation.

Recent Projects

Dr. Horn and staff recently attended the Florida Chiropractic International Conference in Orlando.

Dr. Horn recently spoke at the Breast Cancer Support Group in Brooksville on acupuncture and nutrition as an adjunct during treatment which was very well received.

Don't Guess About Your Health…
Schedule a Nutritional Consultation Today!

To ensure that you receive all of my emails, please white-list the email addresses of : newsletters@mydrhorn.org
frontdesk@mydrhorn.org

Don't forget to visit our store site to order your supplements. You can opt to have them mailed or you can stop by and pick them up at the office.
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1. The information provided in this article is for educational purposes only.
2. Your individual health status and any required health care treatments can only be properly addressed by a professional health-care provider of your choice.
Remember: There is no adequate substitution for a personal consultation with your chosen health care provider.

This message was sent to laura@mydrhorn.org from:

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