

ADVANCED HEALTH

Your guide to better living.

Dr. Roy Horn DC, FIAMA, PA

Cold Laser

“ZAPP” PAIN AWAY...USING A LASER!

How You Too Can Improve Your Health And Well-being

Have you ever heard of a “cold laser” or a “low level laser?” Did you know that cold laser is a widely accepted and **VERY EFFECTIVE** form of therapy for various conditions? Whether used to treat low back pain, headaches, neck pain, pain from a herniated disc, muscle pain, carpal tunnel syndrome, fibromyalgia, or arthritis, cold laser therapy has been shown to heal the body down to the cellular level. Think of it as a calculator that subtracts pain.

Cold laser has been around for many years, and has been well respected overseas for quite some time. Since its FDA APPROVAL, it has also been highly acclaimed in the USA, taking the health field by storm. Sport doctors, for example, are using laser therapy in sporting events such as the NFL and the Tour de France (Lance Armstrong). The beneficial effects of the Erchonia laser are currently being researched by plastic surgeons for use in liposuction procedures. Even dentists are getting a piece of the action by successfully using it for TMJ pain.



Why Is It Referred To As “Cold” Laser?

It’s called “cold” laser because the beam doesn’t produce heat; therefore, there is no cutting or burning of any tissue.

It’s quite safe actually. As a matter of fact, most patients hardly notice that they are being treated.

How Can Cold Laser Rid Me Of Pain?

It’s simple. The cold laser has the same wavelength as the human cell, which allows the laser beam to reach the cell without damaging it. When the cells of the injured or unhealthy tissues are not functioning properly, the laser can be used to stimulate the cells to heal themselves. When you have millions of cells healing themselves, you get pain reduction at the tissue receiving the laser therapy.

Are All Lasers The Same?

Not really. Just as models of cars are not the same, brands of cold lasers differ as well. In my personal experience the Erchonia PL5 is for now the best in the industry - the top of the line “Mercedes” of cold lasers. In comparison, for example, some of the “compact cars” of cold lasers are not approved by the FDA. The Erchonia laser was the first laser to obtain **FDA approval** for the treatment of chronic neck and shoulder pain.



Ok, It Sounds Great, But It Has Side Effects, Right?

NOPE! According to all published studies (over 1500 to be precise) to date, there has been no mention of any negative side effects with certain types of cold lasers – the Erchonia laser being one of them! The main precaution mentioned in these studies was to not aim the laser directly into the eyes for an extended period of time.

Can I Really Benefit From This Type Of Treatment, Doc?

I have seen a wide range of recoveries, anywhere from herniated spinal discs to stiff necks being restored to health. If you want to know more about how the Erchonia PL5 laser can HELP YOU OR A LOVED ONE get out of pain and return to doing the things you love to do - whether playing golf, keeping up with the children or simply going out for a enjoyable walk - then you are invited to call our office directly at 352-563-2597 and our friendly staff will be happy to assist you. Dr. Horn has been using cold laser since 1999.

Laser Therapy May Be Useful To You If You Have Any Of The Following:

- Post-operative wounds
- Sprain-strains
- Scar tissue Arthritis
- Migraines
- Disc herniations
- Minor nerve damage
- Carpal tunnel syndrome
- Autoimmune diseases
- Chronic or acute pain
- Wound healing
- Tendonitis
- Frozen shoulder

Burns are very difficult to treat. They have a high possibility of infection and a lot of tissue damage. Go to the video section of our website and click on the laser newsfeed.

One of our patients has graciously given us permission to show slides of her improvement after a trauma that required stitches. She documented the results herself. Look at the rapid healing that took place with the addition of the cold laser.



For more information on this therapy, [click here](#). Look around on the pain management side of the web site. If you are into sports, and want to see some of the sports figures that benefit from the laser, click on the sports. If you like science and really want to see how this laser works. Click on the right pain management research picture under “learn more”.

More links for laser therapy:

[Laser.nu](#)

[naalt.org](#)

[walt.nu](#)