

Health News

Did you know?

When compared to other foods such as beef, pork, poultry, and typical commercial seafood; farmed salmon has up to 40 times more PCBs.

Recently published in Science was a study done by the Indiana University and five other research centers.

Research has been done on over 700 farmed and wild salmon (2 metric tons) purchased from around the world. Concentrations of 14 organochlorine toxins were analyzed.

The toxins studied (you are eating these with farmed salmon) were polychlorinated biphenyls (PCB'S), dioxins, toxaphene, dieldrin, hexachlorobenzene (HCB), lindane, heptachlor epoxide, cis-nonachlor, trans-nonachlor, gamma-chlordane, alpha-chlordane, Mirex, endrin and total DDT.

Does this sound like Salmon or a chemical pie?